The information contained below is accurate as at the date of publishing but may change without notice. It is strongly recommended to call providers to confirm available services.

For more detailed information including the full Cardinia Service COVID-19 Relief Directory please visit <https://www.cardinia.vic.gov.au/coronavirus>

**FOOD RELIEF**

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| ADRA – Adventist Development & Relief Agency – Pakenham  Provision of take away meals and essential care packages with home delivery available.  Ph: 1800 242 372  [adra.info@adra.org.au](mailto:adra.info@adra.org.au) | Australian Red Cross  Provision of care packages (primarily food) to people in the community who are mandatory isolating via Coronavirus hotline registration.  Ph: 1800 675 398 | Bunyip & District Community House Provision of FREE food and material aid to those in need.  Mondays and Wednesdays between 9am-12pm.  Beswick Street, Garfield Ph: 0481 895 509 [manager@bdch.com.au](mailto:manager@bdch.com.au) |
| **Cockatoo Community House**  Free food pantry. Non-perishable food.  23 Bailey Road, Cockatoo **Ph: 03) 5968 9031** | **Emerald Community House**  Free food through foodbank available 24/7.  358 Belgrave-Gembrook Road, Emerald 3782  **Ph: 03) 5968 3881**  [emhouse@iinet.net.au](mailto:emhouse@iinet.net.au) | **Empower Australia (Planet Shakers Church)**  Emergency food and toiletry relief.  Sundays between 8.30am and 10.30am. RCS products  12 Bormar Drive, Pakenham.  **Ph: 03) 9896 7999** |
| **The Bless Collective (Follow Church)**  Provision of Care Packs (non-perishable food & toiletries) available for people experiencing financial crisis. Please call or email  [info@bless.org.au](mailto:info@bless.org.au)  **Ph: 03) 59432137 or 0411543817** [www.bless.org.au](http://www.bless.org.au) | **Food Bank**  Preparing meals for distribution by the Australian Red Cross.  Requests for food can be made through Victoria’s dedicated Coronavirus Hotline  **Ph: 1800 675 398** | **Gurudwara Baba Budha Sahib Ji**  Providing freshly cooked vegetarian meals for those in need.  Food delivered between 6-8pm daily. Order before 12pm each day.  **Ph: 0433 483 335** |
| **Gurudwara Siri Guru Nanak Darbar**  Providing food relief to people in the community.  Delivering twice a week.  33 Officer Road, Officer  **Ph: 0421 061 177**  info@sgnd.com.au | **Meals on Wheels**  Providing meal delivery service to people aged over 65+. For Aboriginal and Torres Strait Islander People this service is available for those over 50+.  **Ph: 03) 8573 4960** | **Pakenham Community Pantry** Free food pantry - non-perishable food. 6B Henry Street, Pakenham **Ph: 03) 5941 2389** |
| **Salvation Army**  Essential services still running and care packages are being provided in partnership with ADRA.  51 Bald Hill Rd, Pakenham.  **Ph: 03) 5941 4906** | **St Luke’s Cockatoo**  In association with Food Bank Vic are running a food bank service each week.  1 McBride St, Cockatoo  **Ph: 0422 737 818** | **Turning Point Church – Koo Wee Rup**  Care packages and food relief.  335 Rossiter Rd, Koo Wee Rup  **Ph: 03) 5997 2217** |

**DISABILITY SUPPORT SERVICE GOVERNMENT ASSISTANCE HOUSING SERVICES**

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| Disability Gateway  <https://www.health.gov.au/contacts/disability-gateway>  People with disability and their families, carers and support workers can contact the Disability Gateway to get free, fact-checked information about COVID-19.  Ph: [1800 643 787](tel:1800643787) [www.disabilitygateway.gov.au/](http://www.disabilitygateway.gov.au/) | Services AustraliaCOVID-19 Disaster Payment A support payment for workers adversely affected by a state public health order.  <https://www.servicesaustralia.gov.au/individuals/services/centrelink/covid-19-disaster-payment-victoria> | Wayss  Dandenong branch is open for the following services: family violence support, homelessness support, youth support, tenancies support.  Ph: 03) 97916111  [www.wayss.org.au](http://www.wayss.org.au) |

**FINANCIAL SERVICES**

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| Good Money Program  Household relief loans without interest for those who are struggling due to COVID-19. Financial Counselling also available.  Ph: 1300 770 550  [www.goodmoney.com.au/](http://www.goodmoney.com.au/) | Good Shepherd  COVID hardship support hotline (financial support) and loans without interest.  Ph: 1300 121 130  www.goodshep.org.au/ | NILS (No Interest Loan Scheme)  The No Inte  rest Loan Scheme (NILS) provides individuals and families on low incomes with access to safe, fair, and affordable credit.  Ph: 0427 895 596 [www.nils.com.au/](http://www.nils.com.au/) |

**PSYCHOSOCIAL SUPPORT SERVICES**

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| ERMHA – Eastern Regions Mental Health Association  Providing services for people facing challenges resulting from disability, mental illness, trauma or substance abuse.  Ph: 1300 376 421 | Partners in Wellbeing Mental health and wellbeing support services for people impacted by the Coronavirus pandemic.  Ph:1300 003 224  www.each.com.au/piw/ | Telecross – Australian Red Cross  Provide a daily phone call to check on people who live alone and are at risk.  Ph: 1300 885 698 |

**NEIGHBOURHOOD HOUSES**

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| Beaconsfield Neighbourhood House  8 O’Neil Road, Beaconsfield 3807  Ph: 03) 8768 4400  [coordinator@bncinc.org.au](mailto:coordinator@bncinc.org.au) | Beaconsfield Upper Community Centre  10-12 Salisbury Road, Beaconsfield Upper 3808  Ph: 03) 5944 3484  [office@ubcc.org.au](mailto:office@ubcc.org.au) | Bunyip and District Community House  40 Fourteen Mile Road, Garfield 3814 (Garfield Recreation Reserve)  Ph: 0481 895 509  [manager@bdch.com.au](mailto:manager@bdch.com.au) |
| **Cockatoo Community House**  23 Bailey Road, Cockatoo 3781  **Ph: 03) 5968 9031  M: 0401 062 396**  [cch@taskforce.org.au](mailto:cch@taskforce.org.au) | **Emerald Community House**  358 Belgrave-Gembrook Road, Emerald 3782  Internet, printing, referral and childcare services. Mon-Fri.  **Ph: 03) 5968 3881**  [emhouse@iinet.net.au](mailto:emhouse@iinet.net.au) | **Lang Lang Community Centre**  7 Westernport Road, Lang Lang 3984  **Ph: 03) 5887 5704**  [LLCC@langlang.net](mailto:LLCC@langlang.net) |
| **Living and Learning Pakenham Inc.**  6B Henry Street, Pakenham 3810  **Ph: 03) 5941 2389**  [admin@livinglearning.org.au](mailto:admin@livinglearning.org.au) | **Outlook Community Centre**  24 Toomuc Valley Road, Pakenham 3810  **Ph: 0427 911 935**  [outlook@outlookvic.org.au](mailto:outlook@outlookvic.org.au) |

**CRISIS SUPPORT**

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| 1800 RESPECT  Ph: 1800 737 732 | Aboriginal Men’s 24 hour Crisis Support Hotline  Ph: 1800 435 421 | Beyond Blue  Ph: 1300 224 636 |
| **Kids Helpline**  Ph: 1800 55 180 | **Lifeline Crisis Hotline**  Ph: 13 11 14 | **Mensline Australia**  Ph: 1300 789 978 |
| **Suicide Line Victoria (24/7)**  1300 651 251 |

**FAMILY VIOLENCE SUPPORT SERVICES**

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| In Touch – Multicultural Centre Against Family Violence  1800 755 988 | Police Assistance Line  Ph: 13 44 44 | Safe Steps 24/7 Family Violence Crisis Service  Ph: 1800 015 188 |
| **Windermere**  Ph: 1300 946 337 |

**Would you like assistance with accessing services?**

If you require assistance in accessing COVID-19 pandemic social, emotional or practical support information, please contact **Cardinia Shire Council’s Emergency Management Team**. Council can assist you in understanding what support is available and can link you in with services to help meet your needs.

Ph: 1300 787 624

**If you are a community group or relief service provider and would like to be included on this flyer, please Cardinia Shire Council** [emergency@cardinia.vic.gov.au](mailto:emergency@cardinia.vic.gov.au)

**Logo

Description automatically generated** Phone: 1300 787 624 Email: [mail@cardinia.vic.gov.au](mailto:mail@cardinia.vic.gov.au) Web: [cardinia.vic.gov.au](http://www.cardinia.vic.gov.au) 20 Siding Avenue, Officer