



COVID-19 Community Relief Services Flyer

This community resource flyer has been compiled by the Cardinia Shire Council Relief and Recovery Committee. The following providers have indicated they are available to provide support and relief services during the current Covid-19 crisis. The information contained below is accurate as at the date of publishing but may change without notice. It is strongly recommended to call providers to confirm available services.

For more detailed information including the full Cardinia Service COVID-19 Relief Directory please visit

<https://www.cardinia.vic.gov.au/coronavirus>

FOOD RELIEF

<p>ADRA – Adventist Development & Relief Agency – Pakenham Provision of take away meals and essential care packages with home delivery available. Ph: 1800 242 372 adra.info@adra.org.au</p>	<p>Australian Red Cross Provision of care packages (primarily food) to people in the community who are mandatory isolating via Coronavirus hotline registration. Ph: 1800 675 398</p>	<p>Gurudwara Siri Guru Nanak Darbar Providing food relief to people in the community. Delivering twice a week. 33 Officer Road, Officer Ph: 0421 061 177 info@sgnd.com.au</p>
<p>Emerald Community House Free food through foodbank available 24/7. 358 Belgrave-Gembrook Road, Emerald 3782 Ph: 03) 5968 3881 emhouse@iinet.net.au</p>	<p>The Bless Collective (Follow Church) Provision of Care Packs (non-perishable food & toiletries) available for people experiencing financial crisis. Please call or email info@bless.org.au Ph: 03) 59432137 or 0411543817 www.bless.org.au</p>	<p>Bunyip & District Community House Provision of FREE food and material aid to those in need. Mondays and Wednesdays between 9am-12pm. Beswick Street, Garfield Ph: 0481 895 509 manager@bdch.com.au</p>
<p>Gurudwara Baba Budha Sahib Ji Providing freshly cooked vegetarian meals for those in need. Food delivered between 6-8pm daily. Order before 12pm each day. Ph: 0469 826 283 or 0433 483 335</p>	<p>Meals on Wheels Providing meal delivery service to people aged over 65+. For Aboriginal and Torres Strait Islander People this service is available for those over 50+. Ph: 03) 8573 4960</p>	<p>Empower Australia Emergency food and toiletry relief. Sundays between 8.30am and 10.30am. RCS products 12 Bormar Drive, Pakenham. Ph: 03) 9896 7999</p>
<p>Salvation Army Essential services still running and care packages are being provided in partnership with ADRA. 51 Bald Hill Rd, Pakenham. Ph: 03) 5941 4906</p>	<p>St Luke's Cockatoo In association with Food Bank Vic are running a food bank service each week. 1 McBride St, Cockatoo Ph: 03) 5968 8459</p>	<p>Turning Point Church – Koo Wee Rup Care packages and food relief. 335 Rossiter Rd, Koo Wee Rup Ph: 03) 5997 2217</p>

HOUSING SERVICES

Wayss

Dandenong branch is open for the following services: family violence support, homelessness support, youth support, tenancies support.

Ph: 03) 97916111

www.wayssltd.org.au

FINANCIAL SERVICES

<p>NILS (No Interest Loan Scheme) The No Interest Loan Scheme (NILS) provides individuals and families on low incomes with access to safe, fair, and affordable credit. Ph: 0427 895 596 www.nils.com.au/</p>	<p>Good Money Program Household relief loans without interest for those who are struggling due to COVID-19. Financial Counselling also available. Ph: 1300 770 550 www.goodmoney.com.au/</p>	<p>Good Shepherd COVID hardship support hotline (financial support) and loans without interest. Ph: 1300 121 130 www.householdrelief.org.au</p>
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PSYCHOSOCIAL SUPPORT SERVICES

<p>Partners in Wellbeing Mental health and wellbeing support services for people impacted by the Coronavirus pandemic with a lived experience of mental illness as well as those experiencing poor mental health for the first time. Ph:1300 003 224 www.each.com.au/piw/</p>	<p>ERMHA – Eastern Regions Mental Health Association Providing services for people facing challenges resulting from disability, mental illness, trauma or substance abuse. Ph: 1300 376 421</p>	<p>Telecross – Australian Red Cross Provide a daily phone call to check on people who live alone and are at risk. Ph: 1300 885 698</p>
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NEIGHBOURHOOD HOUSES

<p>Beaconsfield Neighbourhood House 8 O'Neil Road, Beaconsfield 3807 Ph: 03) 8768 4400 coordinator@bncinc.org.au</p>	<p>Beaconsfield Upper Community Centre 10-12 Salisbury Road, Beaconsfield Upper 3808 Ph: 03) 5944 3484 office@ubcc.org.au</p>	<p>Bunyip and District Community House 40 Fourteen Mile Road, Garfield 3814 (Garfield Recreation Reserve) Ph: 0481 895 509 manager@bdch.com.au</p>
<p>Cockatoo Community House 23 Bailey Road, Cockatoo 3781 Ph: 03) 5968 9031 M: 0401 062 396 cch@taskforce.org.au</p>	<p>Emerald Community House 358 Belgrave-Gembrook Road, Emerald 3782 Internet, printing, referral and childcare services. Mon-Fri. Ph: 03) 5968 3881 emhouse@inet.net.au</p>	<p>Lang Lang Community Centre 7 Westernport Road, Lang Lang 3984 Ph: 03) 5887 5704 LLCC@langlang.net</p>
<p>Living and Learning Pakenham Inc. 6B Henry Street, Pakenham 3810 Ph: 03) 5941 2389 admin@livinglearning.org.au</p>	<p>Outlook Community Centre 24 Toomuc Valley Road, Pakenham 3810 Ph: 0427 911 935 outlook@outlookvic.org.au</p>	

CRISIS SUPPORT

<p>1800 RESPECT Ph: 1800 737 732</p>	<p>Aboriginal Men's 24 hour Crisis Support Hotline Ph: 1800 435 421</p>	<p>Beyond Blue Ph: 1300 224 636</p>
<p>Kids Helpline Ph: 1800 55 180</p>	<p>Lifeline Crisis Hotline Ph: 13 11 14</p>	<p>Mensline Australia Ph: 1300 789 978</p>

FAMILY VIOLENCE SUPPORT SERVICES

<p>Safe Steps 24/7 Family Violence Crisis Service Ph: 1800 015 188</p>	<p>Police Assistance Line Ph: 13 44 44</p>	<p>Windermere Ph: 1300 946 337</p>
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CASI – Community Activation and Social Isolation Initiative.

If you're feeling lonely or isolated due to the COVID-19 pandemic you can access social, emotional or practical support by contacting Cardinia Shire Council's Community Connector. The Community Connector can link you in with services to help meet your needs.

Ph: 1300 787 624

If you are a community group or relief service provider and would like to be included on this flyer, please contact Cardinia Shire Council emergency@cardinia.vic.gov.au

 **Cardinia** Phone: 1300 787 624 Email: mail@cardinia.vic.gov.au Web: cardinia.vic.gov.au 20 Siding Avenue, Officer