

# RESPECT IS...

treating  
everyone  
as an  
equal



If you or someone you know is experiencing family violence, help is available.

If you believe someone is in immediate danger **call 000** and ask for the police.

**1800RESPECT**

NATIONAL SEXUAL ASSAULT, DOMESTIC  
FAMILY VIOLENCE COUNSELLING SERVICE

Confidential information, counselling  
and support available 24/7

**1800 RESPECT**

[www.1800respect.org.au](http://www.1800respect.org.au)

 **MensLine  
Australia**

Telephone and online counselling  
support for Australian men

**1300 78 99 78**

[www.mensline.org.au](http://www.mensline.org.au)

 **safe  
steps** | Family Violence  
Response Centre

24/7 family violence  
response phone line

**1800 015 188**

[www.safesteps.org.au](http://www.safesteps.org.au)

**TOGETHER we CAN**

Act now to end Family Violence in Cardinia Shire

[www.cardinia.vic.gov.au/familyviolence](http://www.cardinia.vic.gov.au/familyviolence)



**Respect  
Victoria**

**RESPECT  
WOMEN** **CALL  
IT OUT**